

NORTHWESTERN YOUTH WRESTLING

February 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 HOME MATCH NW BLACK VS. QUAKERTOWN NW GOLD VS. SALISBURY 12:30 WEIGH-IN 1:00 START	2 ADVANCED (wrestling room) & INTERMEDIATE (HS Gym) PRACTICE 6:45- 8:30	3 BEGINNER GROUP 6:30 - 8:00 H.S. WRESTLING ROOM	4 ADVANCED (wrestling room) & INTERMEDIATE (HS Gym) PRACTICE 6:45- 8:30	5 NO PRACTICE	6 ADVANCED & INTERMEDIATE PRACTICE 5:30 - 7:00 J.V. & EXH. WEIGH- INS - 7-9 OUR WRESTLING ROOM	7
8 EXHIBITION & J.V. TOURNAMENT AT PLEASANT VALLEY Exh. Start 8:00 am JV start 11:00 am	9 VARSITY BLACK & GOLD WRESTLERS PRACTICE 6:30- 8:30	10 NO PRACTICE H.S. & J.H. Home Match vs. Wilson 6:00 p.m.	11 VARSITY BLACK & GOLD WRESTLERS PRACTICE 6:30- 8:30	12 INTER. GROUP PIZZA PARTY 6:30- 7:30	13 VARSITY BLACK & GOLD PRACTICE 5:30 7:00 VARSIITY WEIGH- INS - 7-9 OUR WRESTLING ROOM	14
15 VARSITY TOURNAMENT AT SOUDERTON HS 8:00 am Start	16 NO PRACTICE NO SCHOOL Presidents Day	17 NO PRACTICE	18 ADVANCED GROUP PIZZA PARTY 6:30-7:30	19 OPEN PRACTICE 6:30 - 8:00	20	21
22	23	24 OPEN PRACTICE 6:30 - 8:00	25	26 OPEN PRACTICE 6:30 - 8:00	27 OUR TOURNAMENT SET-UP ANYONE INTERESTED IN HELPING SEE COACH PETERS	28 NW OPEN TOURNAMENT START - Tots & Midgets 8:30 A.M. Bantam & Juniors 12:00 P.M.

NOTES:

All wrestlers **must go to weigh-ins** Friday to be eligible for there end of the year tournament (exh.,JV & Varsity). If you do not weigh-in, you **CAN NOT** wrestle the day of the tournament. Weigh-in location- NW WRESLING ROOM 7-9